

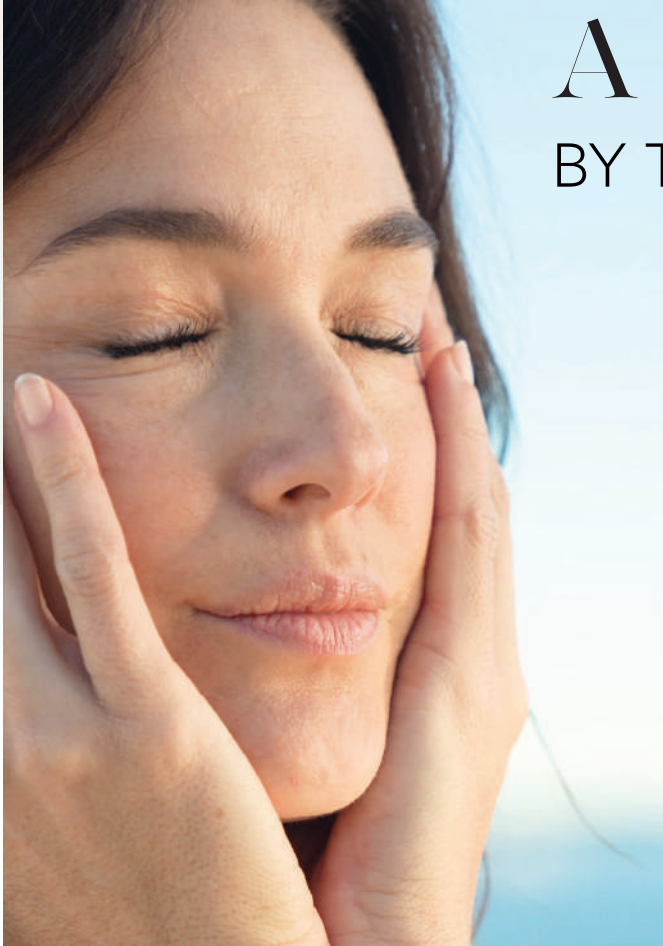
Furadouro Hotel SPA

• SPA SERVICES MENU • SPA SERVICES MENU • SPA SERVICES MENU • SPA SERVICES MENU • SPA SERVICES MENU •



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Boutique Hotel Beach & Spa



A PARADISE BY THE SEA

The Furadouro Hotel SPA provides an experience with the relaxing sound of sea waves.

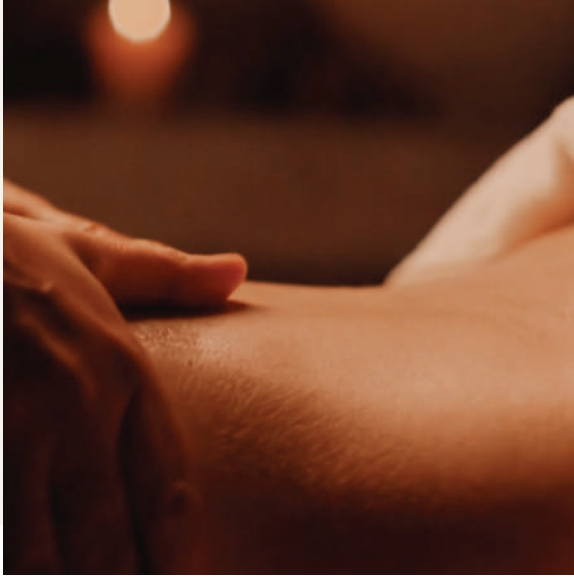
Thinking of you and for you, we present a wide range of treatments and rituals that will provide you with moments of relaxation, revitalization and well-being.

Find out more about our offers and respective values in our *SPA Services Menu*.

The SPA is open daily from 10:00 AM to 8:00 PM.
Exclusive access for guests over 16 years old.

The SPA features massage and treatment rooms, a relaxation room, a fitness room, an indoor pool, a sauna, and a Turkish bath.

Feel free to use the bathrobe provided in your room during your visit to the SPA.



RITUALS AND MASSAGES



Sea Waves's Ritual

Renew and recharge with our signature relaxation massage combined with the softness of whelks and sea shells - 75'

[Individual - 75€ / Couple - 130€]

White Sands's Ritual

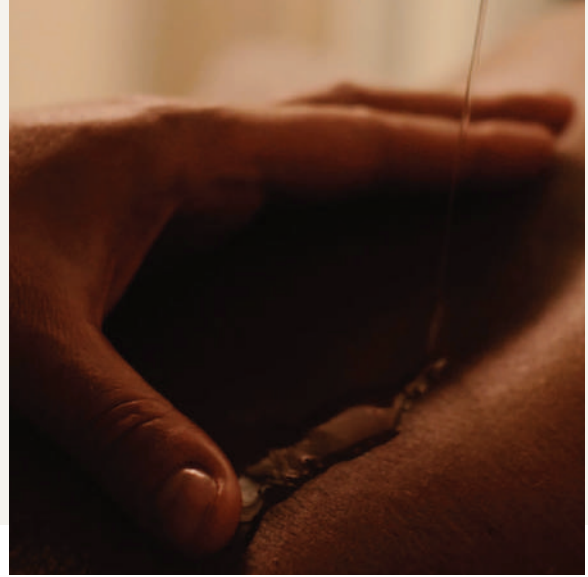
Body scrub with *fleur de sel* and essential oils, followed by an aromatized massage according to the client's preference and needs - 70'

[Individual - 75€ / Couple - 130€]

A Thread of Sensations's Ritual

A moment of relaxation and deep hydration provided by the thread warm and aromatic melted candle - 50'

[Individual - 60€ / Couple - 100€]



Aroma Breeze's Ritual

A swedish body massage with essential oils according to the client's preference and needs - 60'

[Individual - 60€ / Couple - 100€]

Mer des Indes's Ritual - *A true sensory journey!*

Rebalancing ritual inspired by Ayurveda and based on the science of Marmas to rediscover harmony between body and mind, consisting of an exfoliation with ginger and a rebalancing massage, with oil rich in Indian red algae - 90'

[Individual - 120€ / Couple - 220€]

Salt Hands's Ritual

Ritual of exfoliation and hydration of hands, arms and elbows, followed by a localized relaxing massage - 30'

[Individual - 35€ / Couple - 55€]



Feet in the Sand's Ritual

Ritual of exfoliation and deep hydration, ending with a massage relaxing on feet and legs - 30´

[Individual - 35€ / Couple - 55€]

Deep Massage - *Your perfect choice after a long walk by the sea!*

Deep therapeutic massage that releases muscle tension, restoring the feeling of well-being and balance.

[Individual (35´) - 45€ /Couple (35´) - 80€] [Individual (60´) - 70€ /Couple (60´) - 110€]

Hot Stone's Massage

Therapeutic massage that use the thermal effect of basalt stones, resulting in the relief of muscle tension and global relaxation - 60´

[Individual - 60€ / Couple - 100€]



Localized Back/Leg's Massage

Ideal for relieving localized muscle pain or tension, as well as improvement of venous and lymphatic circulation - 35'

[Individual - 45€ / Couple - 80€]

Reflexology - *The mirror of health!*

Holistic therapeutic method, originally known as zone therapy of reflections. These reflexes can be found in the soles of the feet, functioning like small "mirrors" that reflect the entire organism - 45'

[Individual - 50€ / Couple - 80€]

APPOINTMENTS

Your appointment should be scheduled well in advance so that you can benefit from the desired time slot. Appointments, always subject to availability, can be made directly at the **SPA Reception**, by email at spa@furadourohotel.com, or by phone at **256 590 090**.



FACIAL TREATMENTS



Mini Facial

Facial care with cleansing, exfoliation and hydration - 30´

[Individual - 55€ / Couple - 95€]

Marine Youth Boost

Deep hydration treatment with an energizing and antioxidant action, awakening the luminosity that the skin needs - 60´

[Individual - 75€ / Couple - 135€]

Silicium Lift Facial Rejuvenation

Treatment suited to the needs of mature skin, based on a algae complex, rich in marine silicium and vitamin C, with the aim of firming, fill wrinkles, tone and revitalize the skin, reinforced with the application of the Duo Roller face fitness - 60´

[Individual - 90€ / Couple - 160€]



The SPA Moment

Allow yourself this treat by dedicating a day to your physical and emotional well-being!

Start your day by enjoying our swimming pool, sauna and Turkish bath, and let yourself involve in the mix of sensations of our White Sands's Ritual, with an exfoliation body massage and an aromatic massage, followed by a facial renewal treatment of your face, restoring luminosity and deep hydration - 130´

[Individual - 135€ / Couple - 240€]

* To the Furadouro Hotel's SPA reserves the right to change rules and rates without prior notice, and undertakes to publicize the changes made in the available means of support.

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Phone: **+351 256 590 090** (Call to the national landline)

Email: **spa@furadourohotel.com**

